

**AGE  
60+**

## **Resources for older adults**

We care about our older adults, and want to keep them healthy and safe

---

### **📞 FOR HELP/QUESTIONS:**

Call Maryland Access Point at (410) 396-2273

---

### **FOR GROCERY SHOPPING:**

See below for a list of stores with special hours for older adults. Use discretion when going to the grocery store—limit trips and ask family and friends to help when they can.

## **Store Hours for Older Adults:**

**Aldi:** Seniors may shop from 8:30am - 9:30am Tues/Thurs

**Dollar General:** Seniors may shop during first hour of each day

**Giant:** Seniors may shop from 6:00am - 7:00am

**Safeway:** Seniors may shop 6:00am - 9:00am Tues/Thurs

**Target:** Seniors may shop an hour before stores open on Weds

**Whole Foods:** Seniors may shop an hour before opening

**#CORONAVIRUSBALT**  
**health.baltimorecity.gov**



**BALTIMORE  
CITY HEALTH  
DEPARTMENT**